

**Dear Job,**

## **When I first started working here, I thought...**

I had finally found the perfect place for me. I was so excited to begin this new chapter in my life. I remember waking up that first morning with butterflies in my stomach, filled with anticipation about all the things I would learn and the people I would meet. The possibilities seemed endless, and I felt like I was on the brink of something amazing.

I was curious about everything – the way the office buzzed with energy, the projects I would get to work on, and the opportunities to grow and make a real impact. It all felt so new and fresh, like I was stepping into a world of endless potential. Every day, I showed up eager to soak it all in, to ask questions, and to challenge myself in ways I never had before.

But as the weeks turned into months, that initial excitement started to fade. I began to notice things that I hadn't seen before. The supportive environment I was promised felt more like a facade, and the opportunities for growth seemed to be reserved for only a select few. The projects I had been so eager to dive into turned out to be less about innovation and more about maintaining the status quo.

I wanted to believe things would get better, but disappointment crept in, casting a shadow over the optimism I once had. The enthusiasm I had for this job began to dwindle as I realized that maybe this wasn't the perfect place for me after all.

Sincerely,  
Mabel Moonstone

# **“I was so excited to begin this new chapter in my life.”**

*What a powerful journal prompt. It helped Mabel really dig deep and reflect on her experience.*

*Based on her entry, Mabel is having a very common corporate experience. Sometimes we have expectations from our jobs that aren't being met.*

*When that's the case, we have the option to analyze the situation and make choices that enhance our professional position, intentionally moving toward what we want.*

*It's key that Mabel doesn't fall victim to blaming the job. And, as she reflects, she's able to identify what isn't working for her. Once she's had discussions with her management, she can determine her next move.*

*This job, like most, provides opportunities and benefits. It's important that Mabel properly assesses her situation and makes choices toward receiving the fulfillment she desires.*

ALWAYS HOPE